



Learn More

For more information on the Symphony of the Cells™ applications, uses, and benefits, please join us at one of the trainings led by Boyd Truman. There, you will receive hands-on training, while learning more about the natural progression of illnesses, the different body systems, and how essential oils can help. Attendees can also gain 6 CE credits. To find the next training closest to you, visit:
www.symphonyofthecells.com/events.

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Suggested SOC™ App(s):

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Symphony of the Cells™
truwellness.com



WHAT IS SOC?

ABOUT THE MOVEMENT

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Symphony of the Cells™ is a collection of 18 essential oil applications created by Boyd Truman, designed to create harmony physically, emotionally, and spiritually within the body. Using his 26 years of background in the wellness industry, knowledge of the workings of the human body, and experience using pure, therapeutic-grade essential oils, Boyd put together the applications. Each of the applications formulated targets different body systems and ailments, and can be performed on either yourself or on others.

Why SOC?

- Easy to follow for anyone at any level
- Tailored to help the body receive the maximum absorption and advantages
- Empowers everyone to confidently apply essential oils in an efficient manner
- Makes the necessary connection between body systems and many illnesses
- Uses a focused approach to the symptoms and underlying causes of ailments
- Fully endorsed by the National Certification Board for Therapeutic Massage & Bodywork
- Provides education and resources for learning which oils are appropriate for which body systems and related conditions
- Ideal for supporting your own health or the health of another individual, and can be easily integrated in a massage or wellness practice



How It Helps

Each application shares an easy-to-follow list of oils, blends and nutrients to apply. Individuals can perform the applications on themselves, or on those around them who are in need.

SOC was created with the knowledge that each condition is connected to a body system. Therefore, when you perform a SOC application, you are treating not only the condition, but the symptoms and underlying causes. When performing the application best served for a specific body system/condition, you create an opportunity for greater wellness and a chance to introduce people to the power and practical uses of essential oils.

Essential Oils: Like Substances

Essential oils are natural substances found in the seeds, bark, stems, roots, flowers, and other parts of plants. These like-substances are easily recognized by our bodies, which means that when introduced, our bodies can break them down and utilize them. Such like-substances can help the body return to its natural state, and assist with the cleansing of unnatural, foreign substances.

Why The Back & Feet?

Applying oils to the back and the feet is beneficial because of the high volume of nerve endings located along the spine and bottom of the feet. The Symphony of the Cells™ applications work on the back and feet, because the nerve endings allow for easy communication with the rest of the body. When you feed the nerve endings, you are feeding all of the different organs and glands of the body.